

## Why Attend?

CONTACT invites you to talk over the most prevalent issues that today's teens face and give you tools to connect with a teen in crisis!

Do you work with teens? Are you the parent of a teen? Well, this conference is for YOU! Join professionals from all fields as they share proven techniques for guiding teens from breaking point to turning point.

*"Good referrals, information, factual information, and information on how to really connect with teens"*

*~2010 Conference Registrant*

### WAYS TO REGISTER:

#### 1. ONLINE

[www.contactcrisisline.org](http://www.contactcrisisline.org)

#### 2. FAX

Complete form & fax to  
972-233-2427

Attn: Maria Espinosa

#### 3. MAIL

Complete form and mail to  
CONTACT

P.O. Box 800742  
Dallas, TX 75230

Attn: Maria Espinosa

4.5 CEU Credits provided by:

## CONTACT

CONTACT is the empowering link for Greater Dallas residents who want help to resolve a problem or crisis. We are unique among Greater Dallas crisis prevention and intervention organizations because we offer three empowering services – 24/7 free, confidential help lines in English and Spanish staffed by trained, compassionate and nonjudgmental specialists; immediate emergency support; and unique crisis prevention outreach programs.

### 24/7, FREE AND CONFIDENTIAL

Crisis Help Line: 972.233.2233

Teen Help Line: 972.233.8336

\*En Español: 972.233.2428

\*Limited Hours: Friday: 6:00 p.m.-10:00 p.m. | Saturday: 11:00 a.m.-3:00 p.m.

## [www.contactcrisisline.org](http://www.contactcrisisline.org)

Presenting Sponsor:  
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FOUNDATION

**CONTACT**  
P.O. Box 800742  
Dallas, TX 75380

# HopeLine

from Verizon Wireless

PRESENTS

4th Annual Teen CONTACT Conference

# Talk To Me

## CONNECTING WITH TEENS IN CRISIS

### Become Part of the Solution!

Hosted by:



### When:

Tuesday, September 27, 2011  
7:30am-3:00pm

### Where:

The University of Texas at Dallas  
800 West Campbell Rd.  
Richardson, TX 75080-3021

### Cost:

## FREE Registration

Register Today ONLINE

[www.contactcrisisline.org](http://www.contactcrisisline.org)

limited space available

4.5 CEU Credits provided by

## CONTACT

David Monaco

2011 Teen Conference Chair

Non-Profit  
U.S. Postage  
PAID  
Dallas, TX  
Permit No.1012

7:30 a.m. - 8:30 a.m.	<b>Registration &amp; Continental Breakfast</b>		
8:45 a.m. - 9:45 a.m.	<p align="center"><b>The PTSD of Bullying</b> Michael D. DeVine, MS, LPC Clements Clinic</p> <p align="center">Valuable information on the impacts of bullying on teens, and the physical, emotional and mental consequences that follow this type of traumatic event.</p>		
10:00 a.m. - 11:00 a.m.	<p><b>1 A Pathway to Dependence?</b> Drug and alcohol exposure in adolescence</p> <p>Jeremy Liebbe, CPES Dallas ISD Police Department</p> <p>Information on how exposure to drugs and alcohol at an early age can lead to destructive consequences later in life and the effects of these substances on the maturation process.</p>	<p><b>2 A Tale of Teenage Frontal Lobes:</b> Why, How and When We Should Be Concerned</p> <p>Michelle Kandalaf, PhD Research Clinic, University of Texas at Dallas</p> <p>Learn about the different parts of the brain, what changes occur during the teenage years and when adults should be concerned about their teen's behavior.</p>	<p><b>3 Gatekeeper:</b> The Journey Through Stress, Teen Depression, Bullying and Suicide</p> <p>Missy Wall, MSW, M.Div. CONTACT, Teen CONTACT Program Director</p> <p>Learn to recognize and respond to teens showing signs of stress, depression, bullying or suicidal thoughts.</p>
11:15 a.m. - 12:15 p.m.	<p><b>4 Cross Cultural Communication:</b> Bridging the Gap</p> <p>Mona Alnaemi Abdullah and Susan Barr Mosaic Family Services, Inc.</p> <p>Information on how culture comes into play in a teen's development and how to respond to teens and the problems they face, while respecting their ethnic background.</p>	<p><b>5 Freshman Orientation:</b> What They Didn't Tell You</p> <p>Dallas ISD</p> <p>Learn tips on helping teens with the transition from high school to college. What teens need to do to prepare and how parents and teachers can help their teens through these critical years as they make important decisions about their life and choice of careers.</p>	<p><b>6 The Grieving Teen:</b> How to Promote Hope and Healing</p> <p>Amy Stewart, LCSW CONTACT, Senior Programs Officer</p> <p>Grief is generally accepted as a part of life, grief reactions experienced by teenagers are often left unacknowledged and unattended. Caring adults can support teens through the mourning process when they have an understanding of what to expect and how to help.</p>
12:15 p.m. - 12:45 p.m.	<b>Exhibitors</b>		
12:45 p.m. - 1:45 p.m.	<p align="center"><b>Lunch &amp; Lunch Keynote</b> <i>(lunch provided)</i> <b>Anti-bullying Policies</b> James Caldwell, Student Assistance Coordinator at Frisco ISD</p> <p align="center">Learn more about the anti-bullying policies being put into place in schools and the impact this has for students, parents and teachers.</p>		
2:00 p.m. - 3:00 p.m.	<p><b>7 Friends to Fri-enemies:</b> Ice and Fire: Social Aggression and Bullying</p> <p>Marion Underwood, PhD Professor, University of Texas at Dallas</p> <p>Insights into different forms of aggression, cyberbullying, and what adults can do to prevent subtle but hurtful forms of bullying among girls and boys.</p>	<p><b>8 The First Call:</b> Responding with Confidence</p> <p>Cindy Oliver, LPC, LCDC, CCJS Dallas Police Department</p> <p>What to do when you're the first one a teen in crisis comes to. In this session you will learn how to respond, who to contact and key techniques that can be used to assist them and their families.</p>	<p><b>9 Teach Them to Swim:</b> Helping Students Navigate the World Wide Waters</p> <p>Paul Tidmore, CTO Parish High School</p> <p>How to educate teens on the benefits and dangers of the internet, what they need to look out for, and tips on how to stay safe in this tech-savvy society.</p>

**Help support the Hopeline from Verizon Wireless**  
Bring your no-longer-used wireless devices, accessories and batteries to the Teen CONTACT Conference on Tuesday, September 27.

We encourage all conference registrants to collect used wireless devices, accessories and batteries from any wireless provider, in any condition and bring them to the conference!

**Parking:**  
FREE | **Dart Bus Route 883**  
Entrance Campbell Rd., and obtain parking pass from Information Booth

**Building:**  
Student Union Bldg.  
2nd Floor, Galaxy Rooms

## REGISTER TODAY!

Name: \_\_\_\_\_

Organization/School ISD: \_\_\_\_\_

Address: \_\_\_\_\_

City/State: \_\_\_\_\_ ZIP: \_\_\_\_\_

E-mail: \_\_\_\_\_

Phone: \_\_\_\_\_

Indicate your first and second choice for each session

**SESSION I | 9:00am-9:45am**

1st choice      1      2      3

2nd choice     1      2      3

**SESSION II | 11:15am-12:15am**

1st choice      4      5      6

2nd choice     4      5      6

**SESSION III | 1:45pm-2:45pm**

1st choice      7      8      9

2nd choice     7      8      9

**YES, I would like CEU credits**

TX DL # \_\_\_\_\_ State if not TX \_\_\_\_\_

**FREE** (limited space available, FREE registration closes 9-20-2011)

I heard about this conference by:

- school/employment
- e-mail
- website
- friend
- postcard
- referral
- other

I'd like to receive updates from CONTACT about the 2012 Teen CONTACT Conference

I'm interested in volunteer opportunities